



**Friday
September 13,
2024**

Heritage Woods Secondary

“WE ARE KODIAKS”



Spirit Assembly Schedule

Friday Sept 13, 2024

Block 1		8:00 – 9:10	
Block 2		9:15 – 10:15	
Block 3		10:20 – 11:20	
Load Gym	11:20–11:35	Assembly	11:35–12:35
Block 4		1:20 – 2:20	
Block 5		2:25 – 3:25	

ATTENTION NEW INTERNATIONAL STUDENTS

If you haven't gotten a
We Are Kodiaks t-shirt,
please see Ms. Lee in
Room 245 asap!



Terry Fox School Run

This year, our school is proudly taking part in the annual Terry Fox School Run to continue Terry's dream of a world without cancer.

Please support our school's fundraising efforts today!

<https://schools.terryfox.ca/HeritageWoodsSecondary>



Thursday, September 19, 2024

CLC MEETINGS

Ms. Ferrer – Wednesday Sept.18th during Flex, Room: Library

Ms. Paisley - Wednesday Sept.18th during Flex, Room: 232

Mr. Aitken- Wednesday Sept.18th during Flex, Room:240

Ting- Wednesday Sept.18th during Flex, Room: 214

Mr. Yun(Ms. Gay) Wednesday Sept.18th during Flex, Room:103

Mr. Smith - Wednesday Sept.18th during Flex, Room: 109

Ms. Ross - Wednesday Sept.18th during Flex, Room: 238

Ms. Jarvis - Wednesday Sept.18th during Flex, Room: Theatre

Ms. Saloustros – Thursday Sept. 26th during Flex, Room: Theatre

Ms. Wiebe – Tuesday, Sept. 17th during Flex in Room 305

Ms. Lee- TBA- please watch for an email from her

Ms. Johal- TBA- please watch for an email from her

Mr.Baldus- TBA- please watch for an email from her

*** If you can not make your CLC meeting please email your teacher**

STUDENT COUNCIL

Are you interested in representing your grade to promote a positive culture in our school?

Roles and Responsibilities

- be a role model and to Heritage Woods students and represent the school mission statement
- listen to students' opinions and bring suggestions to the council
- bring positive changes to the school environment

Application forms Due Sept 18TH

Scan the QR code for more information.



Show your KODIAK PRIDE on
FRIDAY by wearing the
following colours to our SPIRIT
ASSEMBLY!

- **Grade 9** – WE ARE KODIAKS T-shirts
- **Grade 10** – WHITE
- **Grade 11**- GREY
- **Grade 12** - BLACK OR KODIAK GEAR (any sports or club or KODIAK gear)
- **Teachers** – WE ARE KODIAKST-shirt or KODIAK GEAR





HWSS MUSIC RETREAT

WHO?

BEGINNING CONCERT BAND
GRADE 9S
NEW STUDENTS
STRINGS

WORKSHOPS AND GUEST
CLINICIANS WILL BE COMING
IN TO WORK WITH US!

WHAT?

WHEN?

SATURDAY,
SEPTEMBER 21ST
10:AM - 3:00PM
COST: \$50

HERITAGE WOODS
SECONDARY SCHOOL

WHERE?

MC, PT HELP WILL BE NEEDED

CONTACT [KFESTER@SD45.BC.CA](mailto:kfester@sd45.bc.ca) FOR MORE DETAILS



CAMP *Capilano*

19-20 SEPT 2024

VOCAL JAZZ, MUSIC COUNCIL, PEER TUTORING

**FEE: \$150 LEAVE SCHOOL @12:00 THURSDAY,
ARRIVE BACK @1:00PM FRIDAY**

FIRST COME FIRST SERVE! LIMITED SEATS AVAILABLE

**DEADLINE FOR FORMS IS NO LATER THAN
SEPT 12TH OR BEFORE**

QUESTIONS: KFESTER@SD43.BC.CA

FLEX_{pectations}

FLEX is instructional time, not a break!



- Attend one of the classes in your current schedule
- Library (limited space for QUIET work)
 - * NOT a space for groups to hang out
- Grade 12s ONLY in the Grand Hall

No homework?
Read, Study, Review



Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

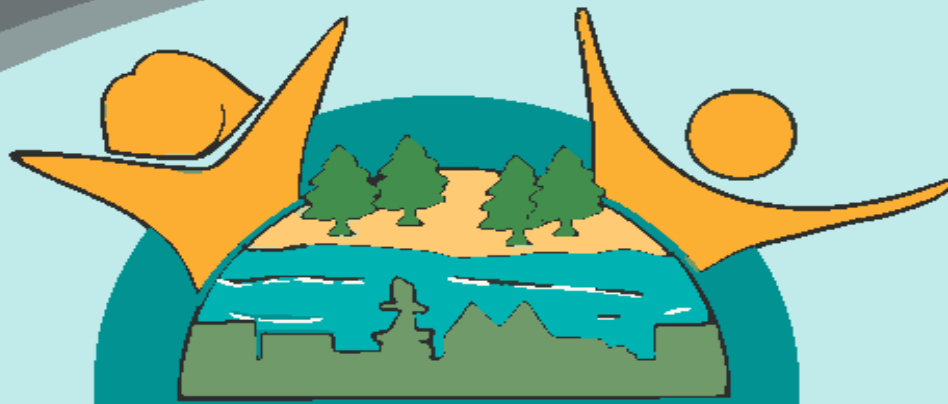
All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

The following students are asked to come to the office for a pick up.

- Aidan M.
- Hennessey K.
- Yuhan L.
- Matvey L.
- Leah S.
- Saturn Y.
- Isabelle H.
- Sarah C.
- Amaya S.
- Jayci T.
- Jody A.
- Samuel A-E.
- Kelly L.
- Gus R.
- Annie S.
- Nikolas M.



**ATTENTION
PLEASE!**



Mayor's Youth Summit

October 25, 2024 • 8:30am–3:15pm
Inlet Theatre, 100 Newport Drive, Port Moody

Join us at the 2024 Mayor's Youth Summit and make your voice heard! Discuss critical issues, connect with peers, and shape the future of your community.

Register now – open to all Tri-City youth!



portmoody.ca/signmeup



604.469.4556



Scan the code



**GAIN 7 HOURS
OF VOLUNTEER
TIME!**

youth@portmoody.ca
604.469.4556

Logo designed by Yufei Hu

PORT MOODY
CITY OF THE ARTS

CLUBS





JOIN

Model United Nations

- Learn how to **debate**, **strategize**, and **problem-solve**
- Develop **public speaking** skills
- Become familiar with **real-world events**
- **Universities** love Model UN!!

Scan the QR code to join!!

First meeting
Tuesday,
October 1 @
Lunch in Room
235



CLUBS

Are you interested in starting or running a club at HWSS this year?

Scan the QR code and complete the club application form to get your club started.

Clubs Day Sept. 26 – make sure to complete this form so that your club will be promoted.

Club Application Form 2024-2025



KODIAK ATHLETICS





Friday
September 13th
6:45-8:30am

Senior Boys Basketball Tryouts

“WE ARE KODIAKS”






JR BOYS SOCCER TRYOUTS

Friday September 13th
Monday September 16th
Tuesday September 17th

3:45-5 PM

please fill out qr code if you are
planning to attend



CAREER CENTER



Discovery Days in Health Sciences

<https://www.cdnmedhall.ca/BCCHRI2024>

- Discovery Day will allow high school **students (grades 10 and 11)** to explore careers in medicine and health sciences. Participants will attend a dynamic keynote lecture, take part in two interactive workshops (pre-selected from a catalogue of options) and join in a discussion with a diverse panel of academics, researchers and health-care professionals who'll share all about their careers.
- Event happens November 7th.
- Registration per school is limited.
- **Interested students must speak to Mr. Baldus before Sept. 19 for information on how to apply for a spot to register.**



Canadian Medical Hall of Fame

Discovery Days
in HEALTH SCIENCES

Discovery Days in Health Sciences

Organized by the Canadian Medical Hall of Fame and hosted by BC Children's Hospital Research Institute, [Discovery Days in Health Sciences](#) is a one-day event that gives secondary school students and teachers the opportunity to explore a variety of career options in medicine and the health sciences. The day includes a dynamic keynote lecture, hands-on workshops, and a career panel discussion. Students gain a clear picture of what it would look like to be a health professional by interacting with researchers, clinicians and educators in their real-life work setting.